

自己紹介スピーチの原稿例

(1) My Favorite Food

【CD Track # 6】

Good afternoon everyone. I am going to talk about my favorite food. It is Spaghetti Peperoncino. I love it so much.

I am going to tell you three things: how easily it is to cook, how healthy it is, and lastly and most importantly, how good it tastes.

First, I will tell you how to make Spaghetti Peperoncino so that you can see how easy it is to cook. It takes only four steps. First, cut garlic and hot pepper. Then, boil Spaghetti. Third, using a frying pan, roast garlic and hot pepper. Finally, mix them together with olive oil, salt, and black pepper. That's all. We do not need to spend a lot of time cooking, so it is very good when you are in a hurry.

Second, Spaghetti Peperoncino is healthy because it includes hot pepper, garlic, and olive oil. Hot pepper makes us hot, making our blood circulation better. Garlic is good for making energy. Olive oil is good for reducing your cholesterol level.

Third, Spaghetti Peperoncino is so tasty because it is mildly spicy, thanks to garlic and hot pepper. I love spicy food. The hotter, the better. However, there are some people who cannot eat too much spicy food. For them, this can be a good choice.

In conclusion, I have told you that Spaghetti Peperoncino is very easy to cook, good for our health, and tastes so good. So, we should eat this great food more! Thank you.

(244 words 李貴愛が高校1年次に作成)

(2) My favorite Animal

【CD. Track # 7】

Hello everyone. My topic is "my favorite animal" and it is a dog. In my speech, I am going to tell you that dogs are very useful and good friends to us. First, I will tell you how they help people. Second, how fun it is to play with them. Third, how they make us more responsible people. So, let me explain one by one.

First, dogs can help people. I will give you some examples. As you know, dogs can guide people whose eyes are not good. With the help of dogs, those people can walk outside safely. Also, dogs can protect your home at night. If a thief breaks into your home, dogs will bark at him. In this way, dogs can warn you of the danger and protect your house and your life.

Second, dogs are good friends to us. You can play with your dog. You can

take a walk in the park with your dog. You can play Frisbee with your dog there. To play with your human friends can be sometimes difficult because we have other arrangements and a lot of homework. However, you will never feel lonely if you have a dog. In contrast to cats and most of the other animals, dogs need someone who takes care of them. You can be the one.

Finally, having a dog teaches us what it takes to be a responsible person. Having a dog can be extremely difficult because he or she wants to take a walk even when it is raining. We must give food to them. After sharing so much time together, they would die someday. They are not the TV games, which we can stop playing and simply throw away. They are living. As the owner of my dog, I have to be responsible for him. In this way, dogs teach us some important lessons on what it takes to be a responsible person.

In summary, if you have a dog, you will be able to have many great experiences and learn important lessons as I told you before. So, let's get a dog!

(352 words 小野暢思が中学3年次に作成)

○発表会を盛り上げる工夫

- ① 誰かが発表する時には、拍手。発表を終えたらまた拍手して下さい。
- ② 聞きながら、面白いと思ったら笑みを、その通りだと思ったら肯いて下さい。聞いている人のリアクションが無いと、とても話しづらいでしょう。逆に好意的な反応があれば、俄然スピーチも元気になります。
- ③ 全員がスピーチをやり終えた後で、上手かったと思う人を投票して見て下さい。そして、その人のどこが上手であったのか、話し合ってみてください。
- ④ 直した方がいいところを探す前に、その人のスピーチの良かったところを見つけてください。直すべき個所を1つ指摘するに対して、その人のスピーチの良いところを2~3つほど探してください。
- ⑤ 英語能力が十分に高い場合、あるいはスピーチの構成に慣れてきた場合は、準備時間を減らすか、あるいはトピックをくじ引きで決めて、その場で即興でスピーチしてみてください。

